

GREATLAND CLINICAL ASSOCIATES



1400 W. Benson Blvd., Ste. 315 Anchorage, AK 99503

Pre-Evaluation Questionnaire

*To better help us serve you, please provide us with the following information prior to your evaluation with your clinician. All information is confidential and will be part of your clinical record. If you need more space feel free to use the back of the paper. Please feel free to ask us questions about any of the information requested. Thank you. (Attention: **Parents** completing form, provide child's information)*

Date: _____

Name: _____ **DOB:** _____

Gender: Male / Female / Non-binary / Other _____

Marital Status: Single Married Separated Divorced Other: _____

Please describe the main reason for your visit/current concerns: *including behaviors, thoughts, and feelings*

In what situations, at what time or day(s), in what place(s) does this occur?

How often do you feel this way or have this problem?

Rate the intensity of the problem on a scale of 1-10: 1 2 3 4 5 6 7 8 9 10
less intense more intense

Medical Information

Please be as specific as possible

Do you have any drug allergies? Yes No *If yes, please list all drugs and the reactions they cause:*

Are you currently taking any medications? Yes No *If yes, please list all medications, dosages, times taken per day, and how long you have been taking them. This includes vitamins, supplements and herbs, etc.)*

Do you have any currently active medical illnesses? Yes No *If yes, please list them:*

Do you have a history of any other medical illnesses? Yes No *If yes, please list them:*

Have you had any surgeries? Yes No *If yes, please list the procedures, approximate dates, and any problems or complications:*

Obstetrical/Gynecological history: *Not applicable*

Number of pregnancies: _____

Number of children: _____

Date of my last menstrual period: _____

Was it normal?: Yes No *If no, please explain:*

Who is your Primary Care Physician? _____

Do you have a pharmacy that you prefer? Yes No _____

When was your last check-up? _____

Medical Information Continued

When was the last time you had any blood-work done? _____

Have you ever been knocked out or diagnosed with a concussion? Yes No *If yes, please explain:*

Have you ever had a seizure or undergone an EEG? Yes No *If yes, please explain:*

Have you ever had any Neuro-Imaging: (i.e. brain CT scan or MRI?) Yes No *If yes, please explain:*

What was your birth-weight? Can't recall _____

Are you aware of any pre-natal exposures: (*did your Mother drink or use any other substances while she was pregnant with you?*) Yes No Not sure *If yes, please explain:*

Are you aware of any problems with your own pregnancy? Yes No Not sure *If yes, please explain:*

Were you ever formally diagnosed with any developmental delays – *learning to talk (and requiring a speech therapist), or to walk, or motor coordination?* Yes No *If yes, please explain:*

Tell us about your *biological* family history: (*this will help us understand what health issues may be of concern to you*)

Do you have any biologically related relatives with a history of the following?

Depression? Yes No *If yes, who:*

Bipolar or manic-depressive illness? Yes No *If yes, who:*

Schizophrenia? Yes No *If yes, who:*

Anxiety disorders such as Panic, Post-traumatic stress disorder, or OCD? Yes No *If yes, who:*

Eating disorders such as Anorexia Nervosa, Bulimia, or Binge Eating disorder? Yes No *If yes, who:*

Addiction? Yes No *If yes, whom, what:*

- Alcohol
- Marijuana
- Cocaine
- Amphetamines
- IV drugs
- Prescription drugs
- Other drugs/substances: _____

General medical illnesses? Yes No *If yes, whom, what:*

Have you ever seen a psychiatrist? Yes No *If yes, who, where, and when:*

Have you ever seen a counselor or therapist? Yes No *If yes, who, where, and when*

Have you ever been diagnosed with a mental health condition? Yes No *If yes, please explain what diagnosis, when, and by whom:*

Have you ever been on psychiatric medications? Yes No *If yes, please list names, doses, and approximate dates:*

Have you ever been hospitalized for psychiatric reasons before? Yes No *If yes, please list location and dates:*

Have you ever attempted or seriously considered suicide? Yes No *If yes, when:*

Are you currently considering suicide? Yes No

Do you have a plan? Yes No

Current or Historical Substance Use

Do you currently use, or do you have a history of using in the past? *Please check those that apply*

Tobacco/Chew/Nicotine gum or patch

Caffeine/ *How Much* _____

Alcohol

Marijuana

Cocaine

IV drugs

Inhalants

Prescription drugs

Heroin

Amphetamines (i.e. methamphetamine)

Hallucinogens

Illicit prescription drugs (i.e. Oxycontin)

Other drugs/substances: _____

If you have a history or are currently using alcohol or other substances please answer the following questions: Not Applicable

Have you ever experienced withdrawal symptoms from alcohol or other drugs? Yes No

Has anyone ever told you that they thought you had a problem with drugs or alcohol? Yes No

Have you ever felt guilty about your drug or alcohol use? Yes No

Have you ever felt annoyed when someone talked to you about your drug or alcohol use? Yes No

Have you used drugs or alcohol first thing in the morning? Yes No

Social History

Where were you born and raised?

Do you have any siblings? *How many, gender, ages?*

Tell us about your educational history. *Currently in school, grades, difficulties, diploma, GED, degree(s) attained?*

Tell us about your work history? *(type of jobs have you held, where, what is your current employment status, military)*

Do you have any current legal involvement and/or history of legal involvement? Yes No
If yes, please describe

Have you ever been convicted of a crime (assault, DWI, theft)? Yes No
If yes, please describe (don't include parking or minor traffic tickets)

Have you experienced any significant traumas in your life? Yes No
If yes, please describe

Have you felt unsafe or at risk of violence in any of your relationships? Yes No
If yes, please describe

Is there any other relevant information which you would like to be sure we discuss during our interview time? *Please provide additional information?*